



LEOMINSTER RECREATION DEPARTMENT



2016-2017 Fall-Winter Brochure

GENERAL INFORMATION

Welcome to our programs! The activities for the upcoming season have been expanded to meet the ever-growing needs of our community through the use of additional facilities, which will help us select suitable programs for the entire family. *We have implemented a nut free, latex free policy for all programs as many of our children have severe allergies; therefore to ensure safety and comfort for all, we cannot allow any type of nuts and latex within the programs.* It is our goal to offer quality recreation activities for all ages. These activities provide for a cooperative endeavor between the Leominster Recreation Department, the School Department, and the City of Leominster.

OFFICE

Leominster Recreation Department, 40 Barrett Parkway, Leominster, MA 01453
Hours: Monday-Wednesday & Friday, 8:30 a.m. - 4:00 p.m., and Thursday 8:30 a.m. - 5:30 p.m.
Phone: 978 534-7529

MAIL: Leominster Recreation Department, 25 West Street, Leominster, MA 01453

Judith Sumner , Director
Roland LaPointe, Jr., Maintenance Supervisor
Lisa Comeau, Administrative Assistant
Caryl L'Ecuyer, Program Assistant/Office Clerk
Peggy Stephenson, Program Coordinator

EMAIL/WEBSITE

E-mail: recdept@leominster-ma.gov

Website: www.leominster-ma.gov

Registrations can be taken online or in the office. See the page for online registration instructions. For support with registering for programs online please email support@mcc.net or call (508)460-6000 x-601.

The Leominster Recreation Department reserves the right to correct any mistakes in this brochure. We also reserve the right to cancel any program because of low enrollment, poor weather, etc.

MISSION STATEMENT

The mission of the Recreation Department is to provide a wide variety of recreational programs that the residents desire and request along with maintaining recreational property, facilities and equipment.

RECREATION COMMISSIONERS

Maureen Donatelli, Chair
Jeff O'Neill, Vice Chair
Lionel (Sonny) Charpentier, Thomas Bissonnette, John Ciccolini, Richard Greene, Douglas Cormier

Leominster Recreation Department Facilities and Policies

FACILITY LOCATIONS

Doyle Field	206 Priest Street	Barrett Park	40 Barrett Parkway
Arthur A. Fournier Park	525 Litchfield Street	Prospect Park	321 Prospect St.
Carter Park	125 Main Street	Third Street Playground	163 Third St.
Johnson Street Playground	95 Viscoloid Ave	Johnny Appleseed School	845 Main St.
Fallbrook School	25 DeCicco Dr.	Northwest School	45 Sterns Ave.
Samoset School	100 DeCicco Dr	Southeast School	95 Viscoloid Ave.
Priest St. School	115 Priest Street	Bennett School	145 Pleasant Street
Leominster High School	122 Granite Street	Carter Jr. High Field	261 West Street
Lassie League Fields	20 Bassett Street	Bachand Little League Field	140 -12 th St.
National Little League	45 Sterns Ave	Justin DeSantis Little League	40 Bernice Ave.
Leominster State Pool	111 Viscoloid Ave	Sky View Middle School	500 Kennedy Way

MEDICAL POLICY

The City of Leominster Recreation Department will not prohibit any person's participation in an activity due to a medical condition or handicap, unless such condition is likely to cause injury to those individuals or other participants in that activity. A participant, who has been notified by a qualified medical professional, that he/she has a medical condition that is likely to cause injury to themselves or other participants, is obligated to inform the Leominster Recreation Department. This should be done at the time of registration and willingly withdraw from the program and/or activity if requested by the Department. You must also sign a release form for any activity you may be participating in and release the Recreation Department from any responsibility if an accident were to occur.

REGISTRATION INFORMATION

•**ALL PROGRAMS ARE NUT FREE / LATEX FREE**•

Our hours are Monday – Wednesday & Friday, 8:30 a.m. - 4:00 p.m., and Thursday 8:30 a.m. - 5:30 p.m. Registrations are done on a first come first served basis with priority given to Leominster residents. The Recreation Department reserves the right to cap the registrations for any program based on availability of personnel, facilities, or any other factors affecting the programs. **All registrations are *NON-REFUNDABLE.**

**ALL registrations are non-refundable unless:*

The Recreation Department cancels a program.

***Credit card and ACH convenience fees are non-refundable.+**

**A \$20 processing fee will be charged if a refund becomes necessary. Please make note of this important policy.*

REGISTRATION POLICIES – Read Carefully

- Registration is done on a first- come, first serve basis, with priority given to Leominster residents. The Recreation Department reserves the right to cap the registrations for any program based on availability of personnel and facilities or any other factors affecting the programs.
- **Non-residents wishing to register** for a non-trip program will be allowed only if space permits, with *a \$5.00 increase in fee*. Non-residents will be placed on a waiting list and notified when space becomes available.

There is a \$25 service charge for all returned checks.

Suggestions:

Do you have a great idea for a program or an improvement to a current program? We are interested in your opinion and want to offer programs and events that interest the community. Please feel free to share any ideas that you may have with us!

Thank You!

We are very excited about the programs we have listed in this brochure and hope you are too! As a department we are striving to continue to offer great programs and introduce a variety of new programs when we can. We want to thank all our coaches, instructors, and volunteers for helping make these programs possible. A very large thank you to all of our sponsors and donors, as well, for contributing to our Recreation Department events. And of course, thank you to our many parents and participants!

Stay Up to Date!

Stay up to date on Leominster Recreation Department happenings using these two online resources:

Website – www.leominster-ma.gov

Facebook: Leominster Recreation Department



Like us on Facebook.

MOUNT WACHUSETT GPS SKI PROGRAM

The GPS Club is the least expensive way to ski or ride at Wachusett Mountain. As a GPS Coordinator, the Leominster Recreation Department will make skiing and boarding easy for you and your family! Being a part of our group will give you highly discounted rates on Century Passes and other services for your family, friends or fellow employees. You may ONLY join the GPS Club through a Coordinator. Be part of our Leominster Recreation Department Club today!

GPS Club Passes, 6 yrs and older:

Benefit	Price
GPS Gold Pass	\$549.00
GPS Silver Pass	\$329.00
GPS Bronze Pass	\$269.00

*Buy now at last year’s prices and SAVE!

If not purchased before Labor Day check online for new prices.

*Restrictions Apply see www.wachusett.com for valid times.

ADULT PROGRAMS

MONDAY NIGHT ADULT VOLLEYBALL AT SAMOSET

If you like to play volleyball in a very relaxing environment then join us for pickup games every Monday night at Samoset.

DATES: Mondays, December 5 – February 13, 2017

(No Class Dec 26, Jan 2, and Jan 16th)

TIME: 7:00 – 8:30 p.m.

COST: \$40.00 per person **AGES:** 18 and up

COORDINATOR: Sandi Gardner

SITE: Samoset School Gym

PICKLEBALL AT DOYLE FIELD

This is a fast paced sport. It plays like tennis and great for all ages! We play doubles, but you don’t need a partner. No equipment necessary, we have paddles and balls. Anyone can learn to play, and we will help you! For more information contact: Carol Gaudet at 321-220-1833 or email: karylgee@yahoo.com.

DATES: Mondays and Wednesdays until snow falls

TIME: 4:00 – 7:30 p.m.

DATES: Tuesdays, Fridays, and Saturdays until snow falls

TIME: 8:00 a.m.

COURT KEY COST: \$30.00 per person/residents

COORDINATOR: Carol Gaudet

SITE: Doyle courts

SUNSET YOGA

Class description: Sunset yoga is a vinyasa class. Vinyasa classes link poses with the breath and includes a warm up, flow, and slow down time. Although the class can be challenging, all levels are welcome because poses can be modified.

Things to bring: a mat and any other yoga accessories you like to use such as blocks. The floor is concrete so some people like to have a towel or blanket under their mat. A sweater because it can get chilly by the water when the sun starts going down.

DAYS/DATES: Thursdays starting Sept.8 (for six weeks)

TIME: 6:00 p.m. for 70 minutes

PLACE: Barrett Park gazebo

COST: \$40.00

INSTRUCTOR: Kellie-Jean Laramie

HAVING FUN WHILE WORKING OUT with Kathi Tew

Kathi can show you that it is very possible! Come and feel your body move to the beat, let it stretch, make it tone, let it stretch some more, then relax and feel **rejuvenated!** You can achieve all this two evenings a week with her, the rest of the week it's up to you.

It's all about health and fun! Bring a good pair of sneakers, a mat, and hand weights based on your level of fitness. If you are a beginner no more than 5 pounds. If you are more advanced between 8 and 9 pounds. Bring plenty of water to stay hydrated.

DATES:

Session I: Sept 13, 15, 20, 22, 27, 29 Oct. 4, 6, 11, 13, 18, 20, 25, 27

Session II: Nov 1, 3, 8, 10, 15, 17, 22, 29, Dec. 1, 6, 8, 13, 15, 20, 22

Session III: Jan 5, 10, 12, 17, 19, 24, 26, 31, Feb. 2, 7, 9, 14, 16

Session IV: Feb 28, March 2, 7, 9, 14, 16, 21, 23, 28, 30, April 4, 6, 11, 13

Session V: April 25, 27, May 2, 4, 9, 11, 16, 18, 23, 25, 31 June 1, 6, 8

TIME: 6:30 – 7:30 p.m.

COST: \$70.00 per session (7 week sessions)

SITE: Fallbrook School

YOUTH PROGRAMS

LEOMINSTER RECREATION DEPARTMENT PRESENTS FUN HOUR WITH SCIENCE

Hey Parents are you among the ones who want their kids to learn while having fun? Want your kids to learn the science behind the toys they are playing with: Look no further we have the right fun educational classes for you.

Choose ONE or Choose ALL

- 1) **CARS THAT RUN ON SALT** – Assemble and learn the working behind salt power car.
- 2) **HELICOPTER LAUNCHING** – Learn about Centripetal and Centrifugal forces, Elasticity, Newton's third law of motion all leading to launching of rocket copters
- 3) **MAKING ACTUAL LOUDSPEAKERS AND TESTING** – Learn the working of loudspeakers and magnets while building one.
- 4) **GLOW UP HOLIDAY CARD**-Learn the circuit behind the card and actually make one.

All of the above classes will be ONE hour long. Each participant will take a small project home at a low price of \$13 for each 1 hour class. (Introductory offer)

DATE: **Session I- Saturday, December 3, 2016**

TIMES: **Class 1- Cars That Run on Salt:** 10:00 -11:00 am

Class 2- Helicopter Launching: 11:30 am – 12:30 pm

Class 3- Making Actual Loudspeakers and

Testing: 1:00 – 2:00 pm

Class 4- Glow Up Holiday Card: 2:30 – 3:30 pm

SITE: Barrett Park Program Building

COST: \$13.00 per one hour class- Each participant will take a small project home

DATE: Session II- Saturday, December 10, 2016

TIMES: Class 1- Glow Up Holiday Card: 2:30 – 3:30 pm

Class 2- Making Actual Loudspeakers and

Testing: 1:00 – 2:00 pm

Class 3-Helicopter Launching: 11:30 am – 12:30 pm

Testing: 1:00 – 2:00 pm

Class 4- Cars That Run on Salt: 10:00 -11:00 am

SITE: Barrett Park Program Building

COST: \$13.00 per one hour class- Each participant will take a small project home

KEYBOARDING CLASSES TO BE HELD AT BARRETT PARK PROGRAM BUILDING

Have you ever been interested in learning how to play the keyboard? We have a great opportunity for you to learn to play songs on the keyboard. Lorna, who has played the keyboard for 58 years, will be sharing her expertise and teaching students how to play the EZ Way. Lorna has taught 5 year olds all the way to 82 year olds. Students will learn to play quickly. You should bring your own keyboard, if you have one. We are offering two different sessions of one hour classes each for four weeks that include a music book to take home.

DATES: Thursday nights

SESSION I: October 6, 13, 20 and 27

SESSION II: November 3, 10, 17 and Dec. 1

AGES: 10 and up

TIME: 6:00 – 7:00 p.m.

COST: \$55.00 per person per session

INSTRUCTOR: Lorna Chabot

SITE: Barrett Park Program Building

LEGOS PROGRAMS

Pre-Engineering With LEGO:

Students will build cities, bridges, and motorized cars/planes and explore the many creative possibilities of engineering with the LEGO system. With access to over 100,000 pieces of LEGO, your child will have the opportunity to build what they have only dreamed of with the support of an experienced Play-Well Engineering instructor to guide them.

SESSION I: February 21 - 24, 2017

SESSION II: April 18 – 21, 2017

AGES: 5 - 7

TIME: 9:00 – 12:00 p.m.

COST: \$100.00 per child per session

INSTRUCTOR: Play-Well TEKnologies Staff

SITE: Barrett Park Program Building

Engineering FUNDamentals With LEGO:

Students take on real-life engineering challenges that explore concepts in physics, architecture, mechanical and structural engineering with over 100,000 pieces of LEGO material. From race cars to Battlitracks, this is a hands-on and minds-on program suitable for LEGO novices to “maniacs.” Designed by engineers, the curriculum challenges students to reach the next level of engineering comprehension, all while having fun.

SESSION I: February 21 - 24, 2017

SESSION II: April 18 – 21, 2017

AGES: 8 – 11

TIME: 1:00 – 4:00 p.m.

COST: \$100.00 per child per session

INSTRUCTOR: Play-Well TEKnologies Staff

SITE: Barrett Park Program Building

WICKED COOL KIDS

We will be hosting a school vacation program in April with Wicked Cool Kids but at the time of printing of the Fall/Winter brochure classes were not set. Please call or look for more information either on our website or Facebook. Thank you.



FISHING DERBY

Join us for our annual fishing derby for youths' ages 14 and younger; children under 12 years of age must be accompanied by an adult. Refreshments and bait will be available for purchase. Please bring a bucket for fish caught and a bait container. There is a three trout limit

The derby is sponsored by the Leominster Recreation Department, Lions Club, local businesses and contractors, and The Massachusetts Division of Fisheries and Wildlife. A great weekend activity! Prizes awarded at 11:15 a.m.

DATE: Saturday, April 8, 2017

SITE: Barrett Park Pond AGES: 14 and younger

TIME: 7:00 a.m. – 11:00 a.m. COST: Free entrance; Refreshments and bait available for purchase.



BABYSITTING COURSE WITH "RED CROSS"

SPRING 2017

Are you interested in becoming a certified babysitter? We are very fortunate once again to be working with the Red Cross to run this wonderful program. You will learn how to handle certain situations, develop emergency procedures, and provide activities to children. You will be required to attend the entire session of training to receive a certification card from the Red Cross stating you successfully completed the course. **(Limited to 12)**

DATE: May 2017 call for more information

TIME: 9:00 a.m. – 3:30 p.m.

PLACE: Barrett Park Program Building

AGES: 11 – 15 COST: \$80.00 per person



YOUTH SPORTS PROGRAMS

MARK OSOWSKI WINTER BASKETBALL LEAGUE

*Registrations will be accepted beginning August 8 through October 14, 2016. **THE DEADLINE IS OCTOBER 14, 2016.** Register online or if you need assistance please stop by the Leominster Recreation Department for assistance.*

***Each Team will get 1 hour practice during the week**

IN ORDER TO HAVE EQUALLY BALANCED TEAMS WE ARE NOT HONORING REQUESTS THIS YEAR! THIS IS FOR ALL LEAGUES!!!

MITE PEE WEE DIVISION BOYS AND GIRLS LEAGUE

The mite pee wee league is combined for both boys and girls. This is a beginner's league with emphasis on basic skills, fundamentals, and enjoyment of the game. During the season, each child will be given an equal amount of playing time to work on these skills. The program begins in November and runs through February.

GRADES: 1 & 2 COST: \$65.00 per person

GAMES/PRACTICES: Games will be played on Saturdays beginning December 5 at Northwest School.

Practices TBD by Coach

DEADLINE TO REGISTER: Friday, October 14, 2016.

MITE JUNIOR BOYS BASKETBALL LEAGUE

The Mite Junior Boys Basketball league for boys will focus on beginning player with emphasis on basic skills, fundamentals, and enjoyment of the game. During the season, each child will be given an equal amount of playing time to work on these skills. The program begins in November and runs through February.

GRADES: 3 & 4 **COST:** \$65.00 per person

GAMES/PRACTICES: Games will be played on Saturdays beginning December 5 at Johnny Appleseed School. Practices TBD by Coach

DEADLINE TO REGISTER: Friday, October 14, 2016.

MITE JUNIOR GIRLS BASKETBALL LEAGUE

The Mite Junior Girls Basketball league for girls will focus on beginning player with emphasis on basic skills, fundamentals, and enjoyment of the game. During the season, each child will be given an equal amount of playing time to work on these skills. The program begins in November and runs through February.

GRADES: 3 & 4 **COST:** \$65.00 per person

GAMES/PRACTICES: Games will be played on Saturdays beginning December 5 at Johnny Appleseed School. Practices TBD by Coach

DEADLINE TO REGISTER: Friday, October 14, 2016.

BOYS BIDDY LEAGUE

The Boys Biddy league is a very popular program that emphasizes basic fundamentals, strategy, and teamwork. The program is designed to give all players equal playing time while making new friends.

GRADES: 5 & 6 **COST:** \$65.00 per person

GAMES/PRACTICES: Games will begin Saturday November 19 at Skyview School. Practices TBD by Coach

DEADLINE TO REGISTER: Friday, October 14, 2016.

BOYS INTERMEDIATE LEAGUE

The Boys Intermediate is a very popular program that emphasize on basic fundamentals, strategy, and teamwork. The program is designed to give all players equal playing time while making new friends.

GRADES: 7 & 8 **COST:** \$65.00 per person

GAMES/PRACTICES: Games begin Tuesday, November 15 at Frances Drake School. Practices TBD by Coach

DEADLINE TO REGISTER: Friday, October 14, 2016.

GIRLS BIDDY LEAGUE

The Girls Biddy is moderately competitive with emphasis placed on teaching basic basketball skills as part of an organized league where each girl plays at least half a game. The league is divided into two divisions by age.

GRADES: 5 & 6 **COST:** \$65.00 per person

GAMES/PRACTICES: Games begin Thursday, November 17 at Frances Drake School. Practices TBD by Coach

DEADLINE TO REGISTER: Friday, October 14, 2016

GIRLS INTERMEDIATE LEAGUE

The Girls Intermediate league is moderately competitive with emphasis placed on teaching basic basketball skills as part of an organized league where each girl plays at least half a game.

**** We are looking to form a league with other Rec Departments!***

GRADES: 7 & 8 **COST:** \$65.00 per person

GAMES/PRACTICES: Games begin Thursday, November 17 at Frances Drake School. Practices TBD by Coach.

BOYS TEEN BASKETBALL LEAGUE

The Teen Basketball league is designed for players in grades 9-12. You do not need to be a basketball star to play. All High School team players are ineligible to play in this league. At least four teams are needed to run this program. Player and spectator conduct policies have been implemented into this league. All participants must sign this policy during registration. Registration begins September 12, 2016. *No registrations taken at draft this year unless space is available. You must bring payment with you.*

GRADES: 9-12 **COST:** \$65.00 per person

GAMES/PRACTICES: TBD based on gym availability

MANDATORY DRAFT: Wednesday, December 21, 2016

PLACE: Frances Drake School

DEADLINE TO REGISTER: December 21, 2016 (unless we have reached our quota.)

****MANDATORY DRAFT FOR GIRLS & BOYS BIDDY AND INTERMEDIATE LEAGUES. ****

Draft to be held at Frances Drake School see below for dates and times:

- Boys Grades 5 and 6 on Tuesday, October 18 at 6:30 p.m.
- Boys Grades 7 and 8 on Wednesday, October 19 at 6:30 p.m.
- Girls Grades 5 – 8 on Thursday, October 20 at 6:30 p.m.

SPECIAL EVENTS

FOOD TRUCK FESTIVAL

Come join us for our Second Annual Food Truck Festival. There will be a variety of foods to try. This is a great event for everyone! Don't miss out.

DATE: Thursday, September 1, 2016

SITE: Downtown Leominster

TIME: 5:00 – 8:00 p.m.

AGES: Everyone

JOHNNY APPLESEED FESTIVAL

Saturday, September 24, 2016

The City of Leominster will be celebrating Johnny Appleseed with a festival to take place in downtown Leominster, with numerous activities, booths, crafts, moonwalks, foods, performers, and more! Spend the day with family and friends at this annual event!!

HALLOWEEN PARADE

Once again, join us for a Halloween festival with tricks, treats, a parade and more! Dress in your favorite costume as we parade through downtown, and trick or treat to local businesses. There is NO theme this year, use your own creativity. It is a traditionally safe way to celebrate the day.

DATE: Saturday, October 22, 2016

RAIN DATE: Saturday, October 29, 2016

TIME: Meet at 12:30 p.m. (LCU Parking Lot)

1:00 – 3:00 p.m.

SITE: Monument Park Downtown Leominster

FESTIVAL OF LIGHTS

Please join us at city hall for the festival of lights. This event starts right after Thanksgiving and runs through December 11. You will see a variety of different lights and decorations.

DATE: November 27 – December 11

SITE: City Hall

HOLIDAY STROLL

Please join us for some fun, holiday cheer and lots of great activities as we kick off the holiday spirit at the downtown stroll.

DATE: Saturday, December 3, 2016

SITE: Downtown Leominster

TIME: 2:00 pm Stroll; Tree Lighting to follow

AGES: Everyone



EASTER EVENT at CITY HALL

The Easter Bunny invites all children, ages 2-6 to celebrate springtime and join the fun at city hall again this year. We will have activities for children and opportunity for pictures with the Easter bunny. Don't miss out!

DATE: Friday, April 14, 2017

SITE: City Hall TIME: TBD



CROSS-COUNTRY SKIING OR SNOWSHOEING

Put your cross-country skis on and enjoy the Winter Wonderland at Barrett Park or Prospect Park. Both parks are ideal for outdoor group outings or family parties. Please call the Leominster Recreation Department for additional information.

FREE ICE SKATING ON BARRETT PARK

The Recreation Department will be clearing the ice on Barrett Pond and lighting it for night skating. It will be lit until 9:00 p.m. during the skating season. We are looking to have a concession stand available Thursday through Sunday from 5:30 – 8:00 p.m. Skating will begin once the ice has been declared safe for skating. We ask that you *watch for the “NO” SKATING” signs* and please use all precaution while on the ice. Those areas not cleared are not to be used for skating. For more information on skating and conditions, please listen to the radio, look in the newspapers, or call the Leominster Recreation Department Office.

FREE WINTER EVENT AT BARRETT PARK IN LEOMINSTER

Come enjoy nature, get some fresh air and exercise at Barrett Park!

The Leominster Recreation Department, Project Apples, Leominster Trail Stewards, Emergency Management and Boy Scouts are joining together to offer a free winter event on **Saturday, February 25, 2017 from 12:00 p.m. to 2:00 p.m.**

- Emergency Management will speak about ice safety and ice rescue – Come see the hovercraft used for ice rescue and meet the rescue team
- Leominster Trail Stewards will offered guided hikes through the trails – if snow, bring your snowshoes
- Project Apples will offer a guided “Story Walk” around the park
- Troop 11 Boy Scouts will demonstrate how to make ice rescue claws and build igloos – if there is snow

Come enjoy the bonfire and free hot cocoa provided by Emergency Management, go skating, build a snowman (bring your own accessories) and much more! Don't miss out on this fun filled day!

Stay Up to Date!

Stay up to date on Leominster Recreation Department happenings using these two online resources:

Website – www.leominster-ma.gov

Facebook: Leominster Recreation Department

2016 – 17 Fall & Winter Hiking Series- Leominster Recreation

- DAYS:** Hikes are held the 2nd Thursday of every Month unless noted
- TIME:** 9:00 a.m. until approximately noon (unless Noted)
- PLACE:** **Hikers meet at the Barrett Park parking Lot and carpool to various trailheads as well as Out of town sites.**
- COST:** Free (unless noted) -*Hikers gather informally and hike at your own risk.* Bring your own snack and water.
- Cancellations:** Hikes are cancelled if it rains or **if we do not have five people signed up.** **Please let us know if you are planning on joining us on each hike so we can notify you of any changes in the schedule or cancellation due to a low response or weather.** Call the Recreation Department at 978 534-7529 for any updates.
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- Sept. 29 -** **Mount Monadnock, Dublin and Jaffrey, NH**
Monadnock is said to be one of the most climbed mountains in the world, second only to Mt. Fuji in Japan! Dana and Hal McFaden will lead this hike on the Dublin Trail. This hike will take us most of the day, but well worth the 100-mile views of the surrounding area at the 3,165 foot summit. (We will leave for this hike at 8:00 a.m. and carpool from the Barrett Park parking lot.
- Sat, Oct. 1** **Hike the entire Monoosnoc Trail- 9 Miles**
Park at Sholan Farms trail kiosk at 9:00 a.m. and carpool to West Street Trail head then trek from West Street to the South Monoosnoc Overlook (should be beautiful foliage at this time), continue hiking to across Elm St. to Wachusett St. ending at Sholan Farms just in time for apple picking. Wear proper hiking gear; take water, a snack, and insect repellent.
- Oct. 13** **Swift River Reservation, Brooks Woodland Preserve, Rutland Brook Sanctuary, and Harvard Forest's Fischer Museum**
There is a \$20 fee for this hike that leaves at 8:00 a.m. and returns between 3-4 pm. Dick O'Brien will lead this moderate to strenuous hike on several trails. You can purchase lunch at the Petersham Country Store or bring your picnic lunch to enjoy at the North Common Meadow.
- Nov. 10** **Granite Quarry and Beech Forest loop (a little strenuous uphill hike)**
Carpool from Barrett Park to Exchange Street to hike past the Distributing Reservoir then up to the old Granite Quarry. From the Quarry we will hike up hill to the top South Monoosnoc to enjoy the views then down the Monoosnoc trail to the Beech Forest loop trail and back to Exchange Street.
- Dec. 8** **Tower Hill in Boylston - Holly Day's**
Stroll the gardens and see the display of trees decorated for the holiday season on this 132-acre property.
Admission fee: Adults: \$12, Seniors: \$9
- Jan. 12** **Far and Near- Shirley**
Snowshoe/hike the 2.7 miles of easy wooded trails on The Trustees of Reservations property in Shirley.
- Feb. 9** **Cross-Country Ski/Snowshoe Hike at Windblown**
Meet at 9:00 a.m. at Barrett Park to carpool to N.H. to enjoy the groomed trails at this site until approximately 3:00 p.m. Windblown charges a per person fee for using this facility. Equipment will be available for rent at Windblown for anyone wishing to try this fun and healthy activity.
- March 9** **Leominster State Forest Hike**
Carpool to the Parmenter Road gate on Elm St. Hike the trail to Rocky Pond and through the State Forest.

TREKKING THE TRUSTEES' TRAILS AT 125!

Hiking and Cultural Outings for 2016-17 - Leominster Recreation Department

This Outing Series focuses on monthly visits to properties of The Trustees of Reservations during their 125th year of existence! Located throughout the Commonwealth, these properties are both spectacular natural and cultural sites that have been protected in perpetuity for public use and enjoyment! Dick O'Brien, a former property manager and long-time Trustees Regional Director, will lead guided, interpretive hikes and tours of these iconic landscapes while sharing some of the cultural and natural history and management approaches for the property.

REGISTRATION: All participants must register. Registration costs \$20/person/outing. Contact the Recreation Department at 978-534-7529.

DATES & TIMES: All Outings leave from the Barrett Park parking area. Departure/Return times are generally 8 AM and 4 PM unless noted below. Outings will take place on weekdays and Saturdays as noted below.

CARPOOL: Participants will Carpool to sites. Carpool drivers are eligible for discounts on registration fees. Inquire at the time of registration.

CANCELLATION POLICY: Outings are cancelled due to inclement weather or if a minimum of 10 people have not registered. Contact Dick O'Brien at dobrien578@gmail.com or 978-537-2377 the day before for updates.

PREPARATIONS: These are day-long outings and participants are encouraged to bring their own water and snack and are responsible for their own lunch whether we picnic or stop at a local eatery. Participants are also responsible for their any admission fees to select sites. Details relative to admission fees and eating plans are given below in the description for the specific outing.

OUTING DESCRIPTIONS & DETAILS

Saturday, September 17th, BERKSHIRE BEAUTY, ACT II, Stockbridge, MA, Visit Naumkaeg, Monument Mountain, and Berkshire Botanic Gardens or Rockwell Museum. Leave at 8 am and travel to Stockbridge and hike Monument Mt., proceed to Naumkaeg for lunch and tour the grounds and house. Finish with a walk at the Berkshire Botanic Garden or the Norman Rockwell Museum. Head home at 4 pm. Admission fees to Naumkaeg & Berkshire Botanic Garden/Rockwell Museum, parking fee for Mounument Mt. **Strenuous Hike**

Thursday, October 13th, EAST OF QUABBIN, Hike some of the best trails at Swift River Reservation, Brooks Woodland Preserve and Rutland Brook Sanctuary, all in Petersham, MA and finish the day with a visit to Harvard Forest's Fischer Museum. Leave Barrett at 8 am, head home at 4 pm. **Moderate to Strenuous Hike**

Saturday, November 12th, HIKING IN SOUTH CENTRAL MASS, Leave at 8 am to visit Peaked Mountain Reservation in Monson, Ma and hike to the summit of Peaked Mt, highest point in Monson, leave Peaked Mt. for Norcross Wildlife Sanctuary, Wales, MA and arrive for lunch. Hike from Visitor Center on some of the quiet, gentle trails. Head to Rock House Reservation, West Brookfield, MA and enjoy the dramatic stone structures left after the glaciers retreated. Head home at 4 pm. **Moderate to Strenuous Hike**

Thursday, December 8th, TOUR OF TOWER HILL BOTANIC GARDEN, West Boylston, MA. **NO REGISTRATION FEE**, Come enjoy during their traditional "Holly Days" when the property is all decked out for the holidays! Tour the winter gardens and greenhouses and enjoy a hearty lunch at their on-site Twigs Café. The Gift Shop will be open for holiday shopping too. TOWER HILL ADMISSION FEE: \$12/person, non-members; members, free. **Easy Hike**

Saturday, January 21, 2017 - SNOWSHOE TOUR OF DOYLE COMMUNITY PARK & CENTER, Leominster, MA. **NO REGISTRATION FEE.** Dick O'Brien, friend of the late owner, Louise Doyle, and former Manager of the property will give a guided snowshoe tour of the property talking about the natural and cultural history of the property. Begin at 1 pm and end at 5 pm with a bonfire, hot chocolate and marshmallow roast. If there is no snow, a regular interpretive hike will be given. **Moderate Hike**

Saturday, February 18, 2017 – WINTER CARNIVAL AT BARRETT PARK, Leominster, Ma, **NO REGISTRATION FEE**, Leominster Trail Stewards will offer hikes of the property, Boy Scouts will provide demonstrations, snacks & drinks available in the community building, ice skating if conditions are favorable, igloo building, etc. No Admission cost to the event. Event typically begins at 10 am. Check Leominster Rec. Department website for updated information. **Moderate Hike.**

Thursday, March 16, 2017 – METRO WEST TOUR, Join us for an early spring visit to some of The Trustees' reservations in the Metro West area including Dexter Drumlin, Lancaster, Chestnut Hill Farm, Southborough, & Cormier Woods, Uxbridge. Leave at 8 am and arrive home at 4 pm. Lunch at Chestnut Hill Farm, Southborough **Moderate Hike**

Saturday, April 15, 2017 – SPRING ON THE SOUTH SHORE, Come join us to visit some working landscapes on the shores of Buzzard's Bay as we visit Copicut Woods, Westport Town Farm, Slocum's River Reserve, and Cornell Farm. These properties offer some dramatic vistas of tidal flats and tidal streams as well as working farm landscapes. A very different landscape than what we are used to in Leominster. Leave at 8 am from Barrett and leave Copicut Woods at 4 pm for the return trip. **Easy to Moderate Hike**

Saturday, May 20, 2017 – CONNECTIONS IN THE CONNECTICUT VALLEY, Welcome to the "Valley" as we hike newly developed trails at Mt. Warner Reservation, then proceed to hike part of the NE National Scenic trail in the "Seven Sisters" region to the Summit house on the Mt. Holyoke. We will end our day with a stop by the Bear's Den in New Salem. Lunch will be at the Summit house. Leave at 8 am, head home at 4 pm. **Moderate to Strenuous Hike**